



LA SULTANA MARRAKECH CELEBRATES MOROCCO'S CULINARY HERITAGE AND OUTSTANDING LOCAL PRODUCE WITH NEW LUNCH & DINNER MENUS

Moroccan cuisine is celebrated as one of the tastiest in the world. At La Sultana Marrakech, the new lunch menu served rooftop at the *La Table du Souk* restaurant and the new dinner menu served in the patio garden or rooftop at the *Table de La Sultana* restaurant promises to provide guests with a tantalising discovery of Morocco's culinary heritage and outstanding local produce, a hidden gem heart of Marrakech.

La Sultana's *Terroir Cuisine* philosophy is the belief that the flavours and ingredients are directly attributed to the climate, geography and farming practices native to Morocco, to express a sense of place. Honouring this philosophy, local and seasonal ingredients are sourced from a small network of *Slow Food* producers, including saffron from Taliouine, salt from Zerradoun, cumin from Alnif and Argan oil from Tensift-El Haouz, whilst fish and meat options are also carefully sourced from local-ethical producers.

Highlights of La Sultana Marrakech's culinary experience include botanical delights from La Sultana's very own organic gardens in Marrakech and sister property in Oualidia, as well as fresh breads and pastries baked on property daily.

La Table du Souk

Located on the landscaped Bahia terrace rooftop, La Table du Souk offers views as far as the eye can see of Marrakech's historical monuments, the Moulay El Yazid Mosque and the snow-capped Atlas Mountains. With traditional design aesthetics including Zellige tilework on the tables and soft green banquettes, La Table du Souk is an oasis of calm in the heart of Marrakech, a secret place for Medina lovers to enjoy a delicious lunch of simplicity and freshness served in an elegant and relaxed atmosphere. Guests can choose from two menus – *From the Market* or *Street Food*:

The *From the Market* menu showcases the chef's creativity and curiosity in sourcing ethical and seasonal products to produce to create exceptional Moroccan dishes. Highlights include; Red beetroot cooked in a salt crust served with beetroot and orange soup flavoured with anise and cinnamon; and Beef rib steak with home-made potato puree with Argan oil.

The Street Food menu recalls Moroccan rituals and cultural traditions, offering many light options perfect for al-fresco dining including seasonal Moroccan salads, tagine and grilled fish and meats. Highlights include; cooked crust snails in broth *Babouche mode*; and *Speciality of the neighbourhood* charcoal grilled fish or meat.



La Table du Souk is open for lunch every day between 12h00 and 15h30 for guests and non-resident guests.

La Table de La Sultana



Served either in the cosy surrounds of La Sultana's patio garden in the winter or on the rooftop overlooking the vibrant city and snow-capped Atlas Mountains in the summer. La Table de La Sultana's seasonal dinner menu celebrates two culinary journeys – *French Inspirations* and fine *Moroccan Cuisine*.

Menu highlights include; The Vegetable Garden on chickpeas in hummus and pumpkin seeds; and Filet of Turbot in Meuniere Sauce, with capers from Safi, green asparagus and celery. An extensive selection of French and Moroccan wines allows guests to perfectly pair their wine with their food.

La Table de La Sultana is open for dinner every day between 19h30 and 22h00 for guests and non-resident guests.

About La Sultana Marrakech

Located in the heart of the historical medina, La Sultana is one of the most beautiful hotels in Marrakech, possibly the world. An oasis of calm, away from the bustle of the kasbah, La Sultana comprises five separate riads cleverly blended to create a home-from-home in the city. There are 28 bedrooms and suites, each with their own individual style and showcase of Moroccan craftsmanship, a heated swimming pool surrounded by palm, banana and sica trees, a restaurant serving western and local dishes, and a spa with individual hammams, treatment rooms and lounges. The breathtaking rooftop terrace has 360 degree views of Marrakech and the Atlas Mountains.

About La Sultana Oualidia

This is a very special kind of retreat, situated by a lagoon on the Atlantic coast of Morocco and halfway between Marrakech and Casablanca airports. The lagoon is a rare ecosystem, with its sandbanks, oyster beds and saltwater marshes. In contrast to Marrakech, the pace here is slower. Each of the 12 rooms and suites (there's even a vast treehouse hidden among thick foliage) make the most of the views and incredible light. They have been individually designed with bathrooms and private terraces with water features, plants and a jacuzzi. You can relax in the infinity pool, experience the underground spa, or go windsurfing and kayaking on the lagoon.

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